

BAIDEN

Mitten Phenomenon

Why a simple mitten is embarrassing huge cosmetic companies by delivering results they can only dream of...



VICTORIA WINNARD

Disclaimer and Copyright

Disclaimer & Privacy Policy: © 2013 BaidenMitten.com All rights reserved. Please feel free to share this book with friends in it's entire form. However, this book or parts of it are not to be copied or reproduced without the links contained in it.

They must be included.

Any other use of the information contained in this book, be it: copied, reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording or by any information storage or retrieval system, without the written permission of the copyright owner are not allowed.

Every precaution has been taken to ensure that the information presented herein is accurate.

However, neither the author nor BaidenMitten.com shall have any liability to any person or entity with respect to any loss or damage caused or alleged to be caused directly or indirectly by the information contained within this work. The information is presented on an as-is basis; there are no guarantees. This book is an information product. Everyone is different – we all have different skin, approaches, backgrounds, discipline and lifestyles, so I cannot guarantee any results with the methods described in the book due to this.

The results will vary from individual to individual and you agree that I am not responsible for the results you will or will not achieve using this information.

Table of Contents

Introduction

1. [What is Baiden Mitten and does it work for everyone?](#)
2. [What makes Baiden Mitten different from anything else on the market?](#)
3. [History of Baiden Mitten](#)
4. [How to use Baiden Mitten](#)
5. [Conditions that Baiden Mitten helps to relieve:](#)
 - [Dry skin](#)
 - [Skin texture](#)
 - [Scars and acne scars](#)
 - [Stretch marks](#)
 - [Tanning \(spray tanning, solarium tanning, sun tanning\)](#)
 - [Acne](#)
 - [Exfoliation](#)
 - [Detox](#)
 - [Waxing and ingrown hair](#)
 - [Loose skin](#)
 - [Wrinkles](#)
 - [Blackheads](#)
 - [Large pores](#)
 - [Oily skin](#)
 - [Better blood circulation](#)
 - [Exfoliation of lips](#)
6. [My Results](#)
7. [How to increase the effectiveness of Baiden Mitten](#)
8. [How to care for Baiden Mitten](#)
9. [60-day money-back guarantee!](#)
10. [Testimonials](#)

Introduction

“Impossible!” - That was my reaction after I first tried Baiden Mitten. Until that moment I was just an average woman, fairly well into middle age and hooked on buying more and more of various expensive cosmetics in a vain attempt to look like the Hollywood stars who are featured in numerous beauty advertisements. Although I knew that those Hollywood stars had numerous surgical procedures done and that their photos were airbrushed, I did not see any alternatives to using cosmetics.

But I never stopped trying to find something that would actually work. I kept buying more and more jars and tubes of expensive cosmetics and strange gadgets, loading my already bulging drawers with an ever-increasing number of products. Obviously, those advertisements were doing their job! And although I was getting no results, I kept doing the same thing over and over – buying more. In case you don't know, performing the same actions while expecting different results is a definition of insanity!

And then one morning, after soaking in a bath and scrubbing with a simple little glove called Baiden Mitten, I stared at my bathroom mirror and thought, “That is impossible - that can't be!” Looking back at me was a woman at least 10 years younger than the one that went to bed the night before.

What I saw in the mirror:

The skin on my face was visibly lifted, including my hooded eyes and “turkey neck,” which were my biggest problems. The few blemishes and the raised, dry age spots were visibly smaller and flat, my skin coloring was more even than it had been in years, and my skin was so smooth that it glowed as if it had been oiled. My whole body felt smooth and tight, and the skin texture was much finer and lighter.

I was astounded! How could this have happened? What I did with Baiden Mitten went against EVERYTHING that I was told by the cosmetic companies.

- I put NOTHING on my skin but actually took a whole lot off (dead skin came off in rolls).
- I was not gentle in the process. In fact, I probably scrubbed harder than I should have since I managed to get a couple of grazed patches on my skin. However, scrubbing with Baiden Mitten felt so-o-o-o good! After scrubbing the previous evening, I went to bed very red - but for the first time in years I was free of the annoying, itchy skin that had accompanied me ever since starting menopause.
- I did not pay a huge price for my mitten. Actually, it was ridiculously inexpensive compared to all the stuff I had been buying, especially if you consider that I can use the Baiden Mitten again and again.

“Why hasn't anybody ever told me about this stuff before?” I thought. Surely, with all the money those cosmetic companies spend on research they MUST HAVE come across it at some point?

I have read somewhere that if something does not make sense, you should “follow the money.” When I applied this logic to my question, suddenly it was very clear:

Cosmetic companies do not want you to find a fountain of youth (especially if it costs next to nothing and lasts for ages) because then they would lose their gigantic incomes selling next to useless chemical preparations again and again to the same consumers.

Their income is made by creating a fantasy and making sure that we never reach it, since that income would then be lost. So they create impressive-sounding terms and stupefy us with super-expensive research stories. They also pay celebrities (some of whom have spent horrendous amounts of money being botoxed to within an inch of their lives) to pretend that THIS particular cosmetic gave them THAT flawless skin that we all should strive for. Of course, it does not matter in their logic that THIS particular cosmetic is very new to the market and those celebrities couldn't possibly have used it for a very long time. This means that they must have gotten THAT flawless skin using something totally different.

When I made the connection between these companies' tactics and my lack of results using their products, I could hardly believe that I was taken in so badly for so many years. I probably could have built a new house with the money that I wasted on pretty jars and tubes that promised a lot and delivered nothing!

So I put aside all the cosmetics and started using Baiden Mitten regularly once a week. Just the initial results made me happy, but my skin continued to improve with every use. I got used to having luminous skin and receiving compliments on it regularly.

I was so impressed with Baiden Mitten that I wanted to tell as many people about it as I possibly could. That is how the website <http://www.BaidenMitten.com> came about, and you can see on it how very passionate I am about this product. Later, I flew to the US to meet the founder of the Baiden Mitten Company and spent two weeks with her learning what makes Baiden Mitten so special.

“There is so much to learn that I would need to write a whole book to tell it all!” I thought.

So I did.

Victoria Winnard

1. *What is Baiden Mitten and does it work for everyone?*

Baiden Mitten is a surprisingly simple tool that delivers immediate, long-term, visible, cumulative results. It gives you the same results that the cosmetic industry has been promising for decades while selling you increasingly expensive lotions and potions.



If you are reading this booklet, you probably realize that cosmetic companies have been deceiving you. Their cosmetics will at the very best deliver some results which quickly subside and leave you chasing the next new miracle product that the very same companies produce. That is how they make their billions of dollars - by lying to people for whom the dream of beautiful skin is so strong that they allow themselves to be scammed again and again, hoping that the next cream or lotion will finally deliver on the promise and give them the skin tone that they see in glossy magazines. Cosmetic companies brainwash you into believing that only something with expensive, “secret,” or science-produced ingredients can give you glowing, youthful, healthy skin.

That is totally untrue!

Our skin is designed by nature to be healthy and self-renewing, and healthy skin ALWAYS looks beautiful. Working WITH our skin to create the optimal conditions for its beauty will do infinitely more than “gently” spreading more and more chemicals onto it.

Our skin is not designed to process chemicals, exactly in the same way that our digestive system is not designed to handle the many processed foods which we insist on putting into our bodies, often with disastrous

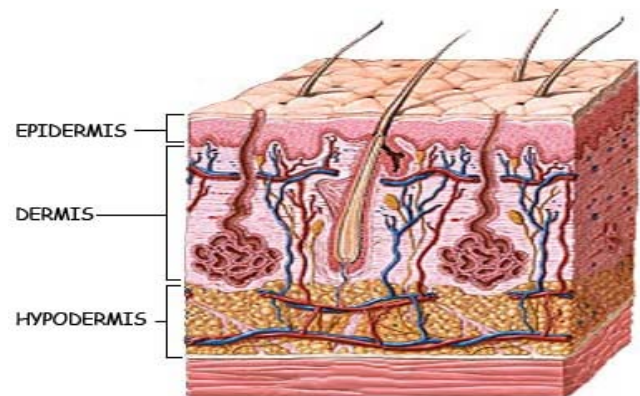
consequences. If we persist in eating unnatural food, most of us pay for it with weight gain and health problems. If we persist in using unnatural chemicals to treat our skin, we end up with skin sensitivities and a vicious cycle of buying more and more products to cure the side effects of the cosmetics we previously used.

A lot of you know the scenario. For example, you've used a product to clear up your acne, but that dries up the skin. So, you have to buy another product to take care of the dryness, which in turn clogs the pores and creates blackheads. Then you have to buy products to get rid of the blackheads, etc. The cycle goes on and on, and you end up paying more and more. You can quickly and easily break this vicious cycle simply by helping your skin be more efficient in its own processes.

To fully understand how to help your skin become the very best that it can be, you must understand how our skin works.

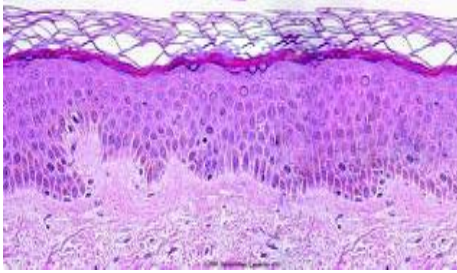
Skin consists of 3 layers:

- 1) **Epidermis** is the top skin layer, and it is made from several layers of cells. The uppermost layer is made up of hardened, flattened, dead skin cells that form a dry, hard shell over our body. They stay on the surface only until newer, younger cells that are formed deeper in the Epidermis make their way to the surface. Then the old, dead cells get shed and the fresh ones take their place, until they too wither and flake off. It takes roughly 5 weeks for the freshly produced cells to make their way to the surface.

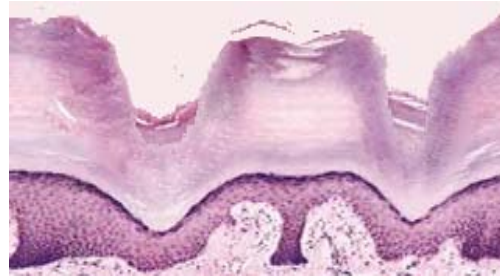


This process is very efficient in children and young teenagers, but as we grow older the cells lose their ability to retain moisture efficiently in our skin, and the horny uppermost layer gets thicker and much less flexible. Wrinkles form and the skin loses its texture, becoming dull and lifeless looking. The thicker dead skin layer also means that the skin becomes impenetrable to any creams and lotions that the cosmetic companies instruct us to “gently” spread over it. The best that you can expect from such an application is that it will keep the top, dry, dead skin layer plastered to your skin by introducing moisture to it. It might feel nice, but it probably compounds the problems of aging skin instead of solving them.

Here is what it looks like:



Skin of a teenager with thin layer of dead skin cells which are shed regularly



Skin of a 50-year-old with thick, hard, cracked, impenetrable outer dead skin layer

The top layer of your skin cannot be nourished as the cosmetic companies would like you to believe because it is dead. *Spreading creams on skin in this condition will have as much effect as putting a bandaid on a broken leg.* Any live cells are buried deep underneath this layer and are becoming more and more constricted. If they are not nourished from within, they will have to go without nourishment. Creams and potions will simply never reach them!

- 2) **Dermis** is the middle skin layer. Strong, thick and elastic, it consists of collagen and elastin tissue, which also houses hair follicles and sweat glands. The Dermis is full of tiny little blood capillaries which help regulate body temperature, carry waste away from skin cells, and deliver oxygen to the cells to be used in all the skin processes. Some of those capillaries are so tiny that single blood cells have to squeeze through them to perform their detoxing and oxygenating function. If this blood flow is not stimulated regularly, the flow becomes sluggish and toxins accumulate in skin cells, slowly poisoning them. If you are not doing enough physical activity to sweat at least 20 minutes a day, your skin cells are drowning in waste and are starved of oxygen for sure.
- 3) The deepest skin layer is **Hypodermis**, otherwise known as the subcutaneous layer. It consists of fatty deposits which act as extra fuel reserves and provide insulation as well as a cushioning effect. For the most part, those fatty deposits perform great service (unless there is too much of them), but they are also responsible for cellulite.

Our skin is an amazing organ - its components all work together to deliver

optimal results, yet all the cosmetics and beauty tools on the market work on only one part of it. You buy creams that moisturize only the outer layer, creams to help with cellulite (Hypodermis), products to exfoliate the outer layer, and massage tools that concentrate on the deeper layers and do not address the problems of Epidermis. You cannot get whole results using half measures, in the same way that you cannot:

- get slim eating junk food all the time and taking diet or slimming pills.
- be healthy if you use drugs (whether they are legal or not).
- have beautiful skin by spreading an expensive cream over it while it is still full of toxins.



The incredible texture of Baiden Mitten allows it to work on all 3 layers of the skin and thus solves a multitude of conditions:

1) First of all, it works on the *Epidermis* to remove most of the uppermost dead, thick skin layer, thereby exposing living, breathing, full-of-moisture cells that are hidden beneath. That process alone diminishes wrinkles and prevents new ones from forming. It changes skin color from dull and lifeless to fresh and glowing.

Extreme skin exfoliation is the first visible sign that you will notice when scrubbing with Baiden Mitten. The dead skin will roll into thin (and not so thin) strips on the surface of your skin, ready to be washed off. After exfoliation, your skin will be glowing - and the texture will be soft, even, and smooth. This process unblocks the pores and removes dead skin plugs from the hair follicles, thus preventing ingrown hair. The process of new cells forming, coming up to the surface, and getting flaked off is hastened, similar to how it was when we were children.

Because most of the dead skin layer is gone, any cosmetics that you apply to the skin might actually be able to have some effect; however, most people find that they need fewer cosmetics, not more.

- 2) While the effect on the Epidermis is immediate and very visible, Baiden Mitten's most important job is the massage with which it stimulates functions of the *Dermis*.

Dermis is rich in tiny little capillaries, some of which are so thin that red blood cells have trouble squeezing through. The vigorous massage warms the capillaries, allowing them to expand, and the massage pushes a large amount of red blood cells through the little blood vessels. Every red blood

cell carries life-giving oxygen and nutrients, which are delivered to starving skin cells. When those cells get a sudden boost of fresh supplies, they become strong and healthy. With increased oxygen they can fight any skin infections, such as zits; and receiving more nutrients means improved abilities for the cells to manufacture more collagen and elastin, which keep the skin firm and elastic.

Red blood cells that have delivered their parcel of oxygen and nutrients to the cells then pick up any waste material from the cells and carry it away into the bloodstream. This waste material gets processed by the liver and kidneys and is then eliminated. Thus, deep massage provided by Baiden Mitten allows the skin cells to detox. Can you imagine how much better the skin cells can perform their functions if they do not have to drown in waste? Everything will improve: your skin color, your skin's elasticity and resilience, its ability to fight any infections, and even temperature control.

- 3) The detox effect on the cells in Epidermis in turn affects the fat-storing cells in *Hypodermis*. If the waste cannot be removed from the cells, then your cells normally will hand the waste over to fat-storing cells in Hypodermis rather than hanging onto the toxins. Hypodermis will neutralize the toxins by surrounding them with fat. They will be held in "storage" until the body finds resources to get rid of them. That will increase the amount of fat in your thighs and the amount of your cellulite.

The vigorous massage that Baiden Mitten performs on the skin will allow the cells of Epidermis to detoxify. When those cells are clear of waste, they will in turn concentrate on taking up the toxins stored in Hypodermis. Once those toxins are freed from Hypodermis, they will start being released into the blood stream to be eliminated.

The fatty cells in Hypodermis which gave up toxins and no longer have the job of neutralizing those toxins will give up the fat as fuel and will shrink. Fatty cells will never go away and are always ready to store more waste, but they will temporarily deflate when there is no need for their services. If you continue using Baiden Mitten, you will be detoxifying on a weekly or fortnightly basis, and your cellulite will be kept in check. That is why many women report a decrease in the appearance of cellulite after using Baiden Mitten for only few weeks.

Additionally, of course, healthy skin cells become tight and firm with fresh new collagen and elastin. This in turn results in reduced thigh circumference and also has a positive effect on the appearance of cellulite.

Baiden Mitten is the only tool on the market which performs the dual function of increasing firmness of the skin and detoxing. Any cellulite-reducing creams peddled by cosmetic companies are almost totally useless. They either tighten the skin by reducing moisture or they use

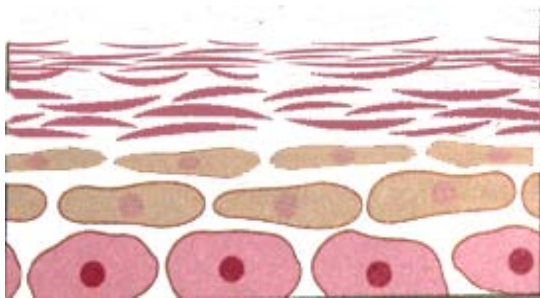
chemicals to artificially perform the function that a healthy skin should produce. Unfortunately, the results are very temporary because the skin quickly identifies those substances as toxins and neutralizes them by storing them in fatty cells - thus producing *more cellulite*. Scary, isn't it?

Does Baiden Mitten work for everyone?

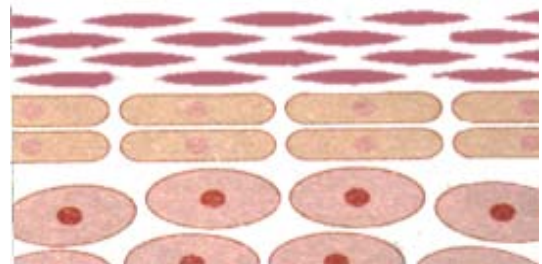
Theoretically Baiden Mitten should work the same for everybody, since we all have skin that renews itself by shedding old skin cells. Baiden Mitten will deeply exfoliate and detox any skin which it can get a good grip on.

Baiden Mitten may NOT work as well in these situations:

- People who are excessively hairy will not get the same effect, since hair is slippery to Baiden Mitten.
- If you have been using products that can make your skin slippery, such as some oil-based soaps and lotions, you may need to use Baiden Mitten a few times before you notice the great visual effects (usually the 3rd time is the lucky one). Baiden Mitten will still work well, but your dead skin will roll in very small clumps. Although these clumps will be hardly visible, they will be easily felt under your fingertips when running your hand over the area just treated. Once you get through the greasy barrier that makes your skin slippery, Baiden Mitten will start working in the way it was intended and the problem will be fixed.
- People who are dehydrated can also have some initial problems exfoliating with Baiden Mitten. The skin loses its moisture and the barrier between dead skin cells and live ones is not clear, so Baiden Mitten cannot get enough traction to be as effective as usual.



In dehydrated skin, living cells blend in with dead ones, and Baiden Mitten has problems distinguishing between the two.



When skin is full of moisture, Baiden Mitten has no problem detecting where live skin cells finish and dead ones start.

2. What makes Baiden Mitten different from anything else on the market?

Baiden Mitten is made from a natural tree fiber. It is strong and durable and will not introduce any chemicals to your skin - that alone would probably make it a good scrubbing glove! There are many other scrubbing tools which are made from natural ingredients, but they do not have the same effect on skin as the Baiden Mitten does.

So, what is Baiden Mitten's secret?

Baiden Mitten is so effective is because of the way the fibers have been woven together.

To make this extraordinarily effective tool, not only do the fiber threads have to be a certain thickness, but there must be a certain amount of threads per square inch. It does not work on the same principle as Egyptian cotton, where the more threads there are, the better the product. If there were not enough threads in the fabric used for Baiden Mitten, the mitten would be rough and would damage your skin. If there were too many threads, the mitten would just simply glide over the skin and would not have much effect at all. The threads have to be of **EXACT** thickness and of **EXACT** number to be most effective.

Additionally, a number of knots are made on each thread to help in getting a strong grip on the skin. There must be a certain amount of those knots on each fiber per square inch. Again, the number must be precise; otherwise, the glove would not be as effective. The knots are not applied randomly onto each fiber, but are appropriately spaced and arranged in a pattern over a number of neighboring threads. That results in Baiden Mitten performing massage on all the layers of the skin. Something like squeezing the toothpaste tube from the bottom up, every little fat cell will be coaxed into releasing the toxins which it has been storing.

The process of designing this knot sequence requires expertise in calibrating the machines which weave the fabric, as well as knowledge to design the exact sequence and pattern of knots which will work at the optimum level. The results are amazing for the people using the mitten, but the downside is in extended production time, which makes the manufacturing process much slower and more expensive.

Knowing how to produce the most effective mitten is a very specific skill, and there are only a very few people in the world who specialize in this process. This is much like the perfume "noses" that design fragrances: Many people produce perfumes, but only a few of those fragrances, produced with the very

best ingredients and by highest-paid specialists, become legendary. It is the same with Baiden Mitten. Many places produce scrubbing gloves, even from the same type of fiber, but only a few people hold the exact formula for producing Baiden Mitten.

In summary, Baiden Mitten does not just make the skin smooth. Great skin is actually a byproduct of Baiden Mitten's main function, which is skin detox through massage. The mitten deeply massages your skin, stimulating better blood flow in the capillaries and removing toxins. It also stimulates the skin to produce more collagen, so that the aging process becomes much slower, or in many cases even reverses. It is a health and beauty tool, and thousands of women using it regularly all over the world are achieving amazing results. Some results are immediate, but the real benefits show after using Baiden Mitten on a regular basis over months and years.

To truly appreciate how deeply the massage reaches, take a look at the photos below, which are of my very significant bruise after an RV accident. I have had other bruises in the past, and they normally took many weeks to be reabsorbed by my body. This time, however, I decided to use Baiden Mitten to help with the healing process.

The first photo is a day after my RV accident; the second one is taken 2 days after the first photo. I massaged my bruise twice under a shower during that time. The third photo is one week after the accident, and most of the bruise is gone. During that time I massaged the bruise under a shower 5 times (that includes the first 2 times between the first 2 photos) and I overdid it a bit – hence, the red dots where I actually over-scrubbed the skin and got a slight rash. The remaining bruise took almost 1 month to disappear, as I only scrubbed once a week after this last photo.



3. *History of Baiden Mitten*

Baiden Mitten is not a new invention. Far from it! It has been developed and perfected over many centuries in ancient Anatolia where communal bathing was a tradition.

Bathing houses were particularly important to the ladies of the harems. For them, their life mission was to make themselves beautiful and desirable enough to catch the attention of their master and then to keep that attention. If they succeeded, the world would be at their feet. Power, money and favors for them and their children would be theirs. Without that attention, they would be nothing but servants to the favorite concubines. It's no wonder then that those harem ladies would pay any price to look as beautiful, youthful, and alluring as possible. They employed the very best artisans to produce their goods and spent massive amounts of gold on the very best beauty tools in attempts to get closer to their perfect beauty goal.



Exfoliation mittens were the very basis of the harem ladies' beauty routine – but, as with everything else, they could demand the quality and workmanship not available to the commoners. They were prepared to pay any price to get the best of the best. The producers of the best beauty aids were paid handsomely, not only to deliver their products, but also to keep their superior products exclusive to only a handful of customers. Harem ladies jealously guarded their beauty secrets so that they could get an advantage for themselves over the other concubines.

To this day, there are many different grades of exfoliation mittens available. Most are mass produced, with the aim of being sold in huge volumes and as cheaply as possible. You can find them in many shops and online stores; most are meant to be used only once, or at most a few times. They should be discarded, since the fibers will lose their shape and exfoliating abilities. They come under different names: scrubbing gloves, peeling gloves, exfoliation cloths, microdermabrasion gloves, etc. Most of them do a fair job on the uppermost layer of the skin. Your skin will be much smoother after treatment with those mittens, and it certainly is better than any chemical exfoliation.

Better-quality gloves are harder to find, because they not only involve better materials, but also a much more intensive manufacturing process.

Baiden Mitten is of the highest quality and has a most complicated manufacturing process. Until recently it was almost made extinct because of the demand for cheap and disposable products. Amazingly, in our world obsessed with dirt-cheap products and a quick buck, nobody wanted to know

about a mitten which could perform miracles. It was simply too expensive to manufacture for importers who were only interested in the bottom line. They decided, on our behalf, that we would not be prepared to pay more than a few dollars for “a scrubbing glove.” How wrong they were! There are now many thousands of people in the entire world loving Baiden Mitten and saving thousands of dollars on other beauty products, because many other products become obsolete when you use this amazing glove.

The family that holds the blueprint to production of Baiden Mitten, which has been passed down through the centuries, lives in a little Turkish town. The factory where Baiden Mitten is produced still churns out thousands of “ordinary” mittens monthly. However, once a year the factory closes down, the machines are re-calibrated and fed the finest thread, and the most incredible product gets painstakingly put together – Baiden Mitten. For many years, it was only produced for the family and the people who KNOW. Increasingly, the time allocated to Baiden Mitten production keeps getting extended, and we hope that soon it will be the only “scrubbing glove” the factory produces.

If Baiden Mitten is so great, why doesn't everybody use it?

Just as in best vineyards the best wines are kept for the vineyard owners and select customers, Baiden Mitten is never going to be available to the masses, because due to its quality and slow manufacturing process, it can never be “cheap.”

Most people are obsessed with a search for “bargains.” They prefer to spend their money on wool-blend clothes as opposed to ones made of pure wool, because on the surface the garment looks the same. They buy “leather-like” shoes that will last only a season (and look like rubbish after only a few weeks) rather than genuine-leather, handmade shoes that will last for many years.

Many people will also look for a “bargain” Baiden Mitten. They will satisfy themselves with a cheaper product which looks like it might do a similar job. They will spend much more than the price of a Baiden Mitten by filling their drawers with products which only give them a glimpse of what is possible. How sad, because *if you calculate the value that a Baiden Mitten will give you over two years of use, it is embarrassingly inexpensive. In fact, it comes to less than 50c per week.* Even water will cost you more! Yet, some people will still give Baiden Mitten a miss and instead will buy a cheap substitute or the latest “beauty breakthrough” that cosmetic companies are peddling because the newest starlet appears in the commercial.

Cosmetic companies understand this obsession with illusion of quality, and they use it to their advantage to make money. As mentioned earlier, they will provide airbrushed photos of celebrities to make you believe that you too can

achieve a pleasing appearance without effort. They will spin any tale that will make you buy their product. Just pay the money!

However, they never stand behind their product because hardly anybody gives guarantees. What if the product does not live up to the promises that it made? Have you ever tried returning the jar of this incredibly expensive, very well-advertised cosmetic? How many cosmetic companies would take it back and return your money if you actually opened that jar and tried the product? Probably none. Why not?

Could it be because the cosmetic was never expected to work in the first place? What about the promises that the cosmetic company made to you about the effectiveness of the product that they sold you? Obviously they meant nothing.

Why are you still buying products from the same companies that already sold you a number of useless creams and lotions which do nothing? Could it be because of their BRAND advertising? Brand advertising is very effective because it is based on sound psychological principles. Advertisers connect the company name to certain pictures and sounds, and after that you go on autopilot and form in your head a belief of an ethical company. This is nothing more than brainwashing, which works so effectively, that you keep buying their products even if you didn't get results from any previous product that they sold you.

I don't know about you, but I now refuse to buy overpriced products from the companies that have given me empty promises. They lied to me once (or in some instances many times) *and they do not deserve my business anymore*. I will settle for nothing less than the results they promised me. Neither should you.

4. How to Use Baiden Mitten

- Soak yourself in clean water (as warm as you can stand it) without soaps or cleansers for at least 10 minutes. Soaps and lotions make the skin slippery, causing the mitten to be less effective. Your skin will soften with warm water and the pores will open.
- While still wet, step out of the bath (or just simply stand up in the bath). Do not towel dry the skin.
- Dip the mitten in the bath water and wring it out tightly. If the mitten is left dripping wet, it will not be able to grip your skin well.
- Place the damp mitten over your hand.
- Putting as much pressure as is comfortable for you, rub the mitten up and down or from side to side (not in circles) and watch in amazement as the dead skin and impurities gather in little rolls and then fall off your skin. ***Make sure not to rinse the rolled-off dead skin cells once exfoliation starts.*** Dead skin sticking to other dead skin cells creates a snowball effect and facilitates the exfoliation process. Exfoliate your face last, so that you can determine from the rest of your body just how much pressure is comfortable for your skin.
- After the exfoliation is finished, take a shower (you might feel quite hot due to the vigorous massage, so take a cold one - it is really invigorating) and rinse off those rolls of dead skin cells.
- Please exercise common sense when using the mitten for the first time. Do not over-scrub and do not use the mitten more often than once a week. Your skin needs time to adjust to this new process. If you do get too excited and scrub extra hard, a little bit of pure Aloe Vera gel will soothe and heal your skin.
- Although you will see dramatic results straightaway, it is only the beginning. As your skin accustoms to the process, you will see more gradual (but profound) changes. It is a good idea to take a photo of where your skin started off so you can see the changes that occur over time.

[Order at Baidenmitten.com](http://Baidenmitten.com)

5. Conditions that Baiden Mitten helps to relieve

- **Dry skin.** Baiden Mitten removes that dry top layer, immediately exposing the fresh new skin below the dead skin layer. This process also removes dead skin cell plugs from the hair shafts. Attached to every hair shaft is a little gland that produces skin's natural moisturizer – sebum. This natural oil is channeled to the skin's surface via hair follicles and keeps the skin moist and soft. It is by far the best moisturizer, because it is what skin itself has produced. The massage that Baiden Mitten provides further stimulates sebum production. Your skin has a natural regulating system, and under optimal conditions it produces the exact amount of sebum needed to keep your skin perfectly moisturized.

"I have used the mitten on a weekly basis and I am amazed at how my skin has transformed. I have always had very dry hands and legs and after I exfoliate, the softness lasts for almost an entire week. I would highly recommend this product to anyone has skin with even 1 problem area. Even if your skin is soft to begin with, it makes it like glass. It is hard to explain. You just need to try it for yourself!"

Betsy Thomas Garvey

- **Skin texture.** You know those little raised bumps on the backs of your arms, on your chest, and on your bottom (chicken skin) ? They will be gone after just one treatment with Baiden Mitten. Your skin will be as smooth as glass and will also have sheen that you have probably never seen before. Your clothes will fit better, because instead sticking to a bumpy, uneven skin they will glide over it and your skin will feel as soft as the finest silk.....*priceless!*



"I got and used mine yesterday. :) so impressed. I can't wait till next week when I can use it again. My skin it's so incredibly soft. Thank you. This product is amazing."

Tracy Lester

- **Scars and acne scars.** If you have some scars, you must have started with some injury in that place. Whether it's a cut or acne, both damaged your skin originally. Afterwards you witnessed a true miracle at work: Your body was

able to treat this injury by creating new skin. So, you can already see that your body is capable of healing the scar. Unfortunately, it did not do a perfect job this time. Most scars will never go away completely without serious cosmetic medical procedures, but they certainly can be helped by Baiden Mitten. Through repeated massages with Baiden Mitten we trick the skin into believing that the damage has been done to the skin, so the skin mobilizes its repairing mechanism to produce collagen to fill out acne scars.



“ A few years ago as a teen I had extremely bad acne. I had it on my face and upper back. Eventually the acne subsided but the red dots, dry skin and scars all remained as a reminder of the horrible skin of my youth. My mum noticed how badly my skin affected me and she tried everything to restore my skin to “normal” so I would finally feel beautiful. I used chemical peels, facials, microdermabrasion, at home scrubs and other products and none of them did ANYTHING for me! I was losing hope and thought I would be stuck with bad skin forever. So unfair!

Now at 21, when looks are extremely important, I finally found this simple solution which comes in the form of a little glove. I finally have very nice, glowing skin which leaves my friends speechless. They can't believe the perfect skin belongs to a once severely acne affected girl. The boys also love my skin ;)

Thanks! “

Sorelle Warzecha

- **Stretch marks.** Very unsightly and really hard to treat. Vigorous massaging with Baiden Mitten will diminish them really quickly, but getting rid of them completely might take months, if not years. Sadly, some of them cannot be totally eliminated with Baiden Mitten. The good news is that Baiden Mitten works on new and old stretch marks equally well.

You must first be aware that your stretch marks might get worse before they get better. This will only last a few days maximum, but the marks might get red and angry as on the picture to the right. That is your body sending reinforcement to deal with the problem, and actually it is a good sign. To speed up stretch-marks repair after treatment with Baiden Mitten, apply some organic cold-pressed coconut oil on the area. That combination works twice as fast as either of those methods alone.



"My Baiden Mitten has drastically reduced my tiger stripes (stretch marks) and made me feel so much happier in my skin"

Jade Leigh Francis

- **Spray tanning and sun tanning.** Baiden Mitten is **EXCEPTIONAL** as a tool with any form of tanning. In spray tanning it exfoliates dead skin layer to the bare minimum all over the body, helping the tan go on very evenly. It is especially great on body parts where there is a thicker layer of dead skin cells, such as knees and elbows.

Then give your skin one day to start building up a bit more of dead skin layer, and then spray tan. You will be amazed how incredibly even your tan will be. Also, it will take twice as long for your dead skin layer to build up before it is ready to flake off again. The result is a fake tan that lasts twice as long as before.

When it comes to UV tanning, Baiden Mitten comes through again. Removing dead skin layer unplugs hair follicles. Hair follicles are channels which brings up sebum to the surface, which is your skin's natural moisturizer. It is an oily substance, so it also acts like tanning oil. Your skin will tan faster and darker, and you will not burn as readily. It will also tan more evenly - so if you are prone to freckles, you will find that instead of tanning in spots, you might actually get an almost-even tan. And the color.....like you have never experienced before!

"For once I have ordered a product online that actually works, I only wish I had heard about the Baiden Mitten sooner! I came across the Baiden Mitten while searching the Internet for a good pre tan exfoliator. It caught my eye so after a little research I thought I would give it a try. Although a little skeptical I was excited to try it. I apply fake tan once a week so I need a good exfoliator to remove the old tan and prepare my skin for a new application. My first time using Baiden Mitten I followed the instructions and I couldn't believe how much dead skin came off along with my old tan, not only that but my skin felt so soft and clean. I have only had my Baiden Mitten for a few weeks but I no longer use face/body scrub and my Sonic dermabrasion facial brush has gone back into its box. My skin is improving and my tan is definitely a smoother more even application! I am extremely happy with my Baiden Mitten, so simple and yet so effective! I would recommend to anyone! "

Denise Sinclair

- **Acne.** Baiden Mitten works very well with most cases of acne. After all, acne occurs when infections happen under the skin - sebum cannot flow freely to the surface and bubbles under the skin get infected. Once the blocked pores are clear and the sebum is not trapped anymore, the problems should diminish, or in some cases even stop. In fact, if you start using Baiden Mitten before you start getting pimples, you will probably never get them. However, one word of caution: If you have pus-filled acne and you use Baiden Mitten, you might spread the infection further. Please get your acne under control first and start slowly with your exfoliation routine.

This mitten has been the best thing in the world it has helped tremendously with my acne that has been plaguing me for years and nothing worked until I got this. I think everyone should buy 1 one of these.

I have been battling acne for 6 years and tried everything even proactiv and it didn't work. This product is the only that worked and didn't make it worse.

Tish Cookie Shiflett

- **Exfoliation.** Once you start using Baiden Mitten, it is unlikely that you will use anything else. There is just nothing that comes even close to the deep and very thorough exfoliation that Baiden Mitten achieves. If you use it regularly, you will have skin texture of finest silk. No bumps, no dry patches, more even skin color - it can all be yours! Within a couple of sessions your skin will be quite different, especially if you are not a teenager anymore :-)

This mitten really works. I have been suffering with dry skin, especially on my forearms and legs. My arms had a scaly texture that I would constantly itch and scratch. Soon after starting the Baiden Mitten I noticed my arms were silky smooth, as was everywhere else I used it! My chest is soft as silk, and it feels amazing as you swipe it over your skin. My elbows and knees are so much softer now too, can't wait for summer to expose all this new skin!"

Candace Bertalan Horner

- **Detox.** Your skin is the first defense against the outside world. It collects a lot of grime and toxins and ensures that they do not get into your system. Baiden Mitten works on all levels of skin. It removes grime and buildup of the dead skin layer, and it unclogs pores so that your skin can eliminate toxins through evaporation and sweating. Additionally, it improves circulation via deep massage so that blood cells can carry away toxins that have been trapped in your skin. The massage that Baiden Mitten performs reaches very deep.
- **Waxing and ingrown hair.** If you wax, Baiden Mitten will be your best friend. It will remove all the hard plugs from hair follicles, and when you're getting waxed, your hair will come out very easily. You will find that most problems associated with waxing, like pain and ingrown hairs, will stop. You will still feel some pain when some coarse hairs are removed, but it will be a lot less. Ingrown hair happens when the hard plugs in hair shafts prevent hair from growing normally. They curl up against the plug, get infected, and cause unpleasant side effects. Weekly exfoliation with Baiden Mitten will keep hair shafts clear of any debris and will allow hair to grow without any obstructions.

Just to clarify – if you are waxing long and dense hair, Baiden Mitten might not be able to get a grip on your skin and will not work well. However, once you have your hair waxed and THEN start scrubbing with Baiden Mitten every week, your skin will be clear of dead skin plugs until your next waxing session.

"I cannot believe how easy it is to wax your legs, your hair just comes out as if it is oiled" Kate, my beauty therapist

- **Loose skin.** If you have a lot of loose skin and you use Baiden Mitten for the first time, you might be excused for thinking that Baiden Mitten can work miracles - the change can be THAT dramatic! The effect, of course, will depend on your skin's condition and your age; but you will definitely be able to feel the tightening effect, especially on your face. The vigorous massage and the heat that Baiden Mitten produces in the Epidermis will cause collagen fibers to contract, so you will be able to see and feel effects immediately.



This is only half of the story, though, because Baiden Mitten also stimulates the skin to produce more collagen. Over time and with regular treatments, your skin can produce quite a lot of collagen, so your features can get quite a lift. Baiden Mitten is the only thing that can treat delicate areas of eyelids, and that is where our clients see the most change. It is truly a natural, amazingly cheap, and incredibly effective face lift. Even better – you can perform it at home every week yourself, so the cumulative effect becomes apparent very quickly!

- **Wrinkles.** Because the skin tightens and fills out with fresh collagen when you use Baiden Mitten regularly, it definitely helps treat the existing wrinkles



and helps prevent new ones. It works on little wrinkles as well as the deeper ones and can even make the deep expression wrinkles appear to diminish.

- **Blackheads.** Baiden Mitten does not tolerate blackheads. It simply removes them with all the other grime. The little ones disappear after the first session, but larger ones might take a few more sessions. However, because your pores are unblocked, you can easily remove them with a very light squeeze if you want to do so. They come out as easily as if they were on skates :-)



clean pores close and usually stay clean if you continue using Baiden Mitten regularly. If you continue with the exfoliations, you will probably realize after a few weeks or months (like I did) that you have not had any blackheads since you started with Baiden Mitten!

- **Large pores.** Your pores expand when there is a plug of either dirt or too much oil in them. They need to breathe, and so they open up around the plug to have access to the air. If you remove the obstruction they have to shrink. If they did not, they would lose too much water through evaporation. It is a natural process and it is automatic. If you keep your pores clean, they will always be small and tight.
- **Oily skin.** If you are prone to it, Baiden Mitten will help control it. When you use the mitten for the first time, you will probably notice a lot more oil flowing out, and you might have to blot your face with tissues often. That is just your skin cleansing itself. After a day or two, your skin will reduce production of sebum, and your skin will be a lot less oily than before. In a few weeks, with weekly use, it should balance out and become just normal. If your skin is oily, you can massage it in the shower using the Baiden Mitten even more often. It will respond by becoming healthier and therefore less problematic.
- **Better blood circulation.** The vigorous massage that you perform with Baiden Mitten heats up blood in the little capillaries just under your skin. They expand and allow more blood to flow through them, and at a faster rate. This in turn affects bigger blood vessels, and in the end your body feels warmer and more invigorated. That will have an effect on your skin color, as well as helping people who often suffer from cold hands and feet.

"Hey...I've been using the mitten for about 4 months. I'm a guy and luckily not so hairy. The mitten works really well for me as I always seemed to have bad circulation. My mom bought me the mitten and I Now my fingers and toes get blood circulating. I guess my skin is a lot smoother too. My missus seems to have noticed a difference and she got herself a mit too!"

Johnny Love

- **Improved skin tone.** Your skin will have a better tone from improved blood circulation, but also it will be more evenly colored. Healthy skin cells are all similar color; it is only when they dry out and die that the discolorations become more visible. Live, pink, healthy skin cells look a lot better than dead, gray, flaking ones. Once you scrape the dead cells off your body, your skin will look brand new and will look as if it is glowing from within - which it will, in fact!

"Face looks good. No miracles yet, but looks like after I have had microdermabrasion in the salon. (for a lot less price) early days though."

Victoria Galvis

- **Skin sensitivities and eczema.** We all have been brainwashed to believe that we should treat our skin with utmost care, and we have been conditioned to believe that we gently need to spread cosmetics onto it to achieve best results. However, if you think about it, all the treatments which have a dramatic effect on your skin are far from gentle.

This is my second mitt, my first one lasted me over 2 years! I used it till the very end. I have had eczema my whole life and this is the only thing I have found that does not irritate my skin. Trust me I have tried everything and then some! The mitt leaves my skin smooth and my face clear of any impurities. Once again I have very sensitive skin and this mitt makes life so much easier, my husband has decided to start using the mitt as well, he would get razor burn after shaving and I told him to gently use the mitt on his face it has cut the razor burn down almost 90%.

Aleta Van Dyke

- **Lips exfoliation.** Baiden Mitten works incredibly well on dry lips and also on aging lips. I found that a young texture and color returned to my lips after just one exfoliation with Baiden Mitten, and over a few months my thinning lips regained some of the fullness and lip contour that they had when I was young. That is due to skin producing some extra collagen in those areas. Just start easy so that your lips can get used to rougher treatment. They might be a

little bit sensitive at the beginning, but they will adapt to this type of exfoliation in just few sessions and become full and smooth.



6. My Results



This is how the skin rolls off when you use Baiden Mitten. Some rolls of dead skin can be quite long and thick.



This is just some of dead skin rolls on the bottom of the bathtub.



My chest before I started using Baiden Mitten. Very sensitive skin, rough with a lot of sun damage. It really looked like it belonged to an old lady.



This is how my chest looks like now. Skin is much smoother and tighter and most of the sun damage is gone. The skin simply glows



My very sensitive skin with rosacea which would often flare up with little red pimples. It would not only be unsightly, but also could be painful at times.



All is gone now. My skin is tough and resilient, I hardly ever see any flare ups.

7. How to increase the effectiveness of Baiden Mitten

Baiden Mitten works very well for most people. However, some have challenges getting the deep exfoliating process started. If you are one of those people, there are a few things that you can do to help in the beginning:

- Throw a couple of handfuls of Epsom Salts into your bath water before soaking. Epsom Salts are fantastic at making the dead skin cells softer, and that will help with the exfoliation. Not only that, but they contain Magnesium, which is extremely beneficial for the condition of your skin. Soak in a hot tub with Epsom Salts added for at least 10-15 minutes and then start scrubbing with long, slow strokes.
- After you have scrubbed your whole body, soak again for another 5 minutes and give your body another scrub. The first treatment will roughen up the top dead skin layer so that the water can get deeper into it. People are often amazed at how much more of the dead skin rolls off even when they thought there was nothing more to remove. Just be gentle if it is your first session and if it starts to feel uncomfortable.

- While most people get fantastic results straightaway, for others it seems that there is some time needed before your skin “gets it.” We found that “3” seems to be the magic number - almost everybody gets really great results by the third session.
- After each exfoliation, the pores are open and the new cells are exposed. You might choose to moisturize your body then, or maybe the next day. If you do, it is a good idea to use natural organic products, because anything artificial will soak deep into your skin and can cause problems even if you had used this particular cosmetic before. After scrubbing with Baiden Mitten, there is no dead skin layer to stop any chemicals from getting through, so whatever you put on your skin will be almost fully absorbed into live skin cells. Give your skin real food and you will see how beautiful it can be. If you don't have anything handy, just use pure olive oil - it is a great moisturizer.

8. How to care for Baiden Mitten

Caring for Baiden Mitten is as simple as the glove itself. Just rinse it out in clean water and then air dry. You might want to naturally disinfect it every now and then by hanging it out in full sunlight or soaking it for 5 minutes in water with a handful of salt added. I have found that every now and again washing my Baiden Mitten in moisturizer-free body lotion or just plain dishwashing liquid will degrease it, so that even a quite-old glove will regain its deep exfoliating properties.

However - Baiden Mitten is ***not*** meant to go through a washing machine, as that will shorten the lifespan of the fibers.

9. 60-day Money-back Guarantee!



Baiden Mitten has been around for centuries, and thousands of people have been using it as the basis of their beauty routine. We are very passionate about delivering the very best to our customers in product quality and performance, as well as service.

That is why we give an unconditional money-back guarantee for the full 60 days.

We want you to have enough time to give this tool a real test and see if it will work for you long-term. In fact, we want you to use it long enough to get addicted to it! :-)) After seeing the results that Baiden Mitten gives, not many people want to part with it.

The bottom line is – we are not like cosmetic companies. We only want you to keep the Baiden Mitten if it really, really works for you. We don't want you to end up with another beauty product that only clutters your drawers and irritates you every time you look at it.

We can give this guarantee simply because the product works so incredibly well. It will work for you too.

However, if for any reason whatsoever you do not want to keep it, please send me a message to baidenmitten.com/contact.html to arrange a full refund (and that INCLUDES your postage back to us).

Now, you can keep “thinking” about it and put it off and keep trying different lotions and potions, but I can tell you now – the idea that Baiden Mitten might just work will sit at the back of your mind and torment you, simply because it makes a lot of sense, doesn't it?

No matter how we are all brainwashed by clever advertising, on some level we all recognize the truth. I suggest you just try it and if it doesn't work, you send it back and all you've invested is some time.

However, what if it DOES work?

[Order at Baidenmitten.com](http://baidenmitten.com)

10. Testimonials

"Being the owner of a spray tanning business, I know the importance of proper exfoliation in order to have the best tan possible....I toyed around with ordering this mitten and I'm so glad I did....it really does make your skin feel great and prepares it properly for spray tanning. I love the fact that I don't have to use anything at all other than the Baiden Mitten to accomplish this! I recommend them to most of my clients and several have ordered ...LOVE it!"

Karla Mancil Johnson

"I admit that I was skeptical about purchasing the Baiden Mitten. I originally stumbled across it on a spray tanning website where it came highly recommended and it roused my curiosity. I searched the internet looking for reviews and was able to find a few, but not many. I finally decided to take the plunge when I found the mitten on eBay and saw that it could be returned for a full refund if I wasn't satisfied. I tried it the same day that it arrived and I couldn't be more pleased with the product that I received! It truly does exactly what it advertises, and it's taking everything in my power to stick to the instructions and not use it again until 7 days. I can not believe how much dead skin and impurities came off of my body and face, or how soft my skin was after I used it. I literally had to give my bathroom floor a thorough sweeping after I was done using the mitten as there were little balled up pieces of dead skin everywhere! Thank you so much for such a fantastic product!"

Bethany W.
Georgia, US

"I tried just about everything on the market. I have discovered the Baiden Mitten is superior in the skincare regime. It has made my skin luminous, my pores have tightened, I feel as if I literally turn back the clock. My skin is so much better than it was five months ago when I started using the Baiden Mitten."

Kari, California, US

"I tend to spend a lot of time in the sun and in the wind. And that takes toll on my skin. I was amazed when used the Baiden mitten, how much of the impurities came off. I like Baiden! It is simple, it is odorless, it is easy to use and it works!"

Mary, US

"...I soaked at least ten minutes. Then I got out of the water and started using the Baiden Mitten. It is really hard put it into words. Because it is invigorating, it was refreshing, my skin felt really good! Afterwards you feel really clean. Your skin just feels alive! It is amazing! It was easy to do."

One of the things I really liked about it gives you time for yourself, relax, you pamper yourself. It is rejuvenating for the skin; it makes it look a lot better. After the first use I noticed a dramatic difference! Not only it looked a lot better, it felt more alive! It definitely felt smoother.

"I had a dry skin problem. My skin is no longer dry! It feels smooth and I don't even need to use the lotion after I scrub with Baiden. My hands look better, my arms feel better!"

Judi, California, US

"I am in love with Baiden Mitten. I have never had such incredibly even tan in my life..."

Angela, Australia

"I have tried the Baiden Mitten once and liked it. I was not blown away by the results (although looking at your skin peel off is cool) I am just not sure how often I can use it. I don't have 20 - 30 minutes to soak in a tub at night. I barely have time to wash my face in the evening!!! I have to do a major 'Scrub' down over the next day or two to remove some stubborn self-tanner I am testing right now!! If it will prolong my tan on my feet - I am sold!! :) I always get 'Athletes Foot' not the fungus but the white feet from my gym / tennis shoes because of being in the gym everyday!!"

Sinead, US

"It lightly, gently scraped off the residue which needs to be removed, does not suppose to be on your skin anymore. It does not hurt or anything. It feels firm, and it feels invigorating. You are massaging your skin and your skin responding. When you get out of the shower and rinse of the fragments you feel really clean! It makes you feel great, it makes your skin look great!

"I will use it forever! I think it is an investment in my health.

"It is nice to hear people saying my skin looks nice but it is more important for me that I feel good! I like the skin I am in now! I recommend it to anyone."

Birgit, Germany

"When I saw the mitten first time, I was skeptical. It is hard to think a mitten can do such an unbelievable job! It is not only how it looks, it is how it feels. You just know that it is good for your skin. Your skin feels so much better."

Barbara, Australia

"Instead of putting lotion on your skin this is much healthier way because you are not covering up, camouflaging. You are helping the skin to work for itself from within. And you see and feel the healing! The dead skin cells and other residue blocks the pores and makes it harder releasing other toxins waiting to be wasted via your skin. The Baiden mitten removes all of them. You literally are cleaned. The exfoliation removed all of the impurities including accumulated toxins on the skin. It is cleansing more than cleaning. No wonder the skin feels so good afterwards! The skin is functioning fully. "

Cindi, US

(Refund) "I didn't use the mitten, only looked at it. Just wasn't what I was expecting. I appreciate your excellent customer service.

Sincerely

Lisa

"...skin feels very good, has a glow to it. It is smooth & shiny & not dry.

Skin feels silky soft naturally with no chemicals. It is amazing! I can see and feel the difference after using the mitten just one time. I have very dry skin and spend a lot of money on different lotions trying to lubricate my skin. Forget the lotions - this really works. I'll be saving money with the mitten. It is like lubricating my skin from the inside. Instead of buying lotions with chemicals and additives I am enhancing my skin naturally. It is amazing and it totally works the very first time. I also like getting a little 'me time' relaxing in a warm tub and pampering myself."

Judi, US

"... Every time I used the mitten my skin is so much softer, like I am getting a new start every time I exfoliate. I am getting new skin all over again."

When I first time saw the Baiden Mitten, I thought it was too good to be true. And it did not happen for me straight away. I had to use it a couple of times to get results. First time I noticed a little bit of difference. Second time was a little bit better. But the third time it was like magic! My skin was tighter, younger, and softer!"

Melissa, US

"Tried Baiden for the first time last night. Cannot believe how soft my skin is. Even more amazed that it doesn't feel dry, even with minimal moisturizer. And I'm used to using very heavy moisturizer! Can't wait to see what my skin will be like in 2 months"

soontohavebeautifulskin

"You know how with most products, when you google them you get a mix of good and bad reviews? When deciding whether to buy a Baiden Mitten I could not find a bad word about it online ANYWHERE! It may be there but I sure as heck could not find it so I bought one. Best decision EVER!

"I have always had dry skin especially on my elbows and after my first use, my elbows were smooth and soft. My husband and I were marvelling at how soft my skin was after just one use. I look forward to my once a week Baiden session with glee as much to see all the skin roll off me as to feel as amazing as I do once it is done. BUY THIS PRODUCT!"

Kirsten Bosly

"My skin is already so soft and I've only used it a few times! My lips always used to be dry and chapped, but not anymore. I got results instantly! Still waiting for my face to clear up, but so far I'm a satisfied customer.

Nicole Ubben

"I love, love, LOVE the Baiden Mitten- its really changed my life!"

Ly Le

"I love my Baiden Miten! I have only used it for a short time and can tell a difference already. The texture is silky smooth, soft and little skin tags are going away. I have an autoimmune condition that affects my skin, so was hesitant to try the mitt. I started very slowly and gently and I am very pleased with the results! Thank you for your product!"

Beverly McNeely

"This is one of the best investments I have made for the health of my skin. I have been looking for a good exfoliating scrub and accidentally read about the Baiden Mitten. I called to ask questions and was immediately sold!! It sounded like this was exactly what I have been searching for. I used it the same day it arrived and my high expectations where instantly fulfilled. The change in my skin was immediate. The texture was smooth and supple after only the first use. I am looking forward to see how my skin will look after using it regularly for a few months."

Erika Alex

"I highly recommend the Baiden mitten! I bought the mitten to improve minor acne scarring on my face and for general up keep on the rest of my body! I have used the mitten twice and my skin looks and feels so soft, the scarring on my face has reduced dramatically already and my face feels smooth again! Highly recommend!!!!"

Emma Andrews

[Order at Baidenmitten.com](https://www.baidenmitten.com)

Hi there! I cannot believe how amazing my skin looks and feels after only 1 use with the Baiden Mitten.

Although I was very gentle using it my first time this past Monday, the results are immediate and very real :)

I cant wait until Monday rolls around again. Now that I know this product is genuine in its claims, I'm excited to use it again and see even better results with a harder hand!

Now guess what moms getting for Christmas!! Thanks so much xo

Tessa Meyer

I soaked longer tonight and used my mitten on my arms. Nothing happened:O/ so I put the mitten in the hot (ish) water and tried again. I used quite a bit of pressure and started in long downward strokes then started up and down strokes.... um OMG, GROSE! Stuff just started rolling off of me discussing but so cool I got pretty excited. I started imagining what my skin will look like in a few weeks! I proceeded to do the other arm and more stuff came off that one, I wanted to see how much I could get off so I got out of the tub and started in on my legs... Skin and stuff was actually flying off of my leg like snow flakes. I had no idea! I am hooked! This was my first use, I am hooked.

Charlee Keith-Baker

Being a skin freak I always believed, " Beautiful skin is the best make up" and that's why I have always used the Best product for my skin you name it and I would have used it since I was 17 years ! CTM was a super regular part of my night routine, I always used to get compliments for my skin , but deep down somewhere I always was craving for that perfect flawless skin which we see on celluloid ... And fancy it but it seemed to be farfetched !!!

So when I got the Baiden mitten I was really smitten by it and I did believed that it's something different and will work for my skin but since I used to keep my skin in up - to- date condition I never imagined that mitten will still be able to pull out so much of dirt from my skin It's really amazing how the exfoliation works revealing a complete new skin to u every time!!! It's a wonder.... You feel so fresh and rejuvenated! After the hard exfoliation I was sweating it actually felt I had just done some vigorous cardio..!!!! Although it didn't strip a massive layer of dead skin from my body but it did break my conception of " I can never have dead skin " (since I kept in utmost condition) Am glad I discovered the mitten !!!

It's just my second body exfoliation but I feel very good about the skin

condition apart from the moisturizer I don't remember I have used any other product since two weeks Be it illuminating serums , pore perfectos etc !!! I don't know what will I do with all those products that I have stacked up in the shelves ...-((

The way the mitten works with the skin is incredible!!! The only thing that disappoints me is that I don't have " immediate results " but I know for sure I will still have to give at least two more tries for the mitten to work properly on my skin !!! But yes there is definitely improvement in my skin.... Apart from the glow my skin feels completely light and fresh, pores have reduces considerably which none of the cosmetic serums could do!!!! I literally have to focus for 1 minute to observe their existence...!!! Also the pigmentation on my face has reduced dramatically!!! Since I have small babies I have sleepless nights but when I wake up in the morning forget about dark circles my eyes doesn't even look tired!!! Hahhah

It has delivered what it promises...!!!

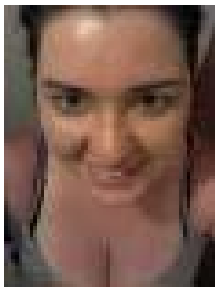
Like many others I too can vouch for its worthiness and authenticity...!!!

Janki Shah

This product is Amazing Thank You!!! In the last 10 years I have had chicken pox and discovered I was allergic to a number of plants and had major surgery my arms and torso are very scarred I've only used this product twice and my skin is healing. I wish I could take before and after photos but I didn't think the results would be this fast [...]

I didn't mention I have rosacea and mild eczema, I've had to shave since I was 12 (my dad's family is Italian & Greek and I inherited the wonderful body hair) I've never been able to

shave without pain, blood, and razor burn until today I'm so excited this will be the 1st summer since I was a kid I can wear shorts & go swimming without being self conscious! Its even helping my eczema I use it gently on the tops of my hands every day and it seems to be helping they've not itched in 2 weeks.[...]



I looked at myself today. I live on a farm, I work outside all day in the sun and I was getting ready to take a shower and looked at me and realized I didn't need anymore makeup look at my face! I feel like crying.

I know I'm sweaty and sunburned but I feel pretty. If any clients or friends showed up right now I wouldn't be ashamed of my face

Jennifer Blackiceprincess Nelson